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**STUDY IDENTIFIES SIX DIFFERENT "TYPES" OF COVID-19**

A new study of COVID-19, based on data from a symptom tracker app, determined that there are six distinct "types" of the disease involving different clusters of symptoms. The discovery could potentially open new possibilities for how doctors can better treat individual patients and predict what level of hospital care they would need.

Typically, doctors will look for key symptoms such as cough, fever and loss of the sense of smell to detect COVID-19. The study, which has not been peer-reviewed, says the six different "types" of COVID-19 can vary by severity and come with their own set of symptoms.

"I think it's very, very interesting," Dr. Bob Lahita, who is not affiliated with the study, told CBSN anchors Vladimir Duthiers and Anne-Marie Green. "Among the patients I see, those who recovered, many of them present different ways: some people with fever and some without fever, and some with nausea and vomiting, some people with diarrhea, etc."

The six clusters of symptoms outlined in the study are:

- 1. Flu-like with no fever:** Headache, loss of smell, muscle pains, cough, sore throat, chest pain, no fever.
- 2. Flu-like with fever:** Headache, loss of smell, cough, sore throat, hoarseness, fever, loss of appetite.
- 3. Gastrointestinal:** Headache, loss of smell, loss of appetite, diarrhea, sore throat, chest pain, no cough.
- 4. Severe level one, fatigue:** Headache, loss of smell, cough, fever, hoarseness, chest pain, fatigue.
- 5. Severe level two, confusion:** Headache, loss of smell, loss of appetite, cough, fever, hoarseness, sore throat, chest pain<sup>1</sup>. fatigue, confusion, muscle pain.
- 6. Severe level three, abdominal and respiratory:** Headache, loss of smell, loss of appetite, cough, fever, hoarseness, sore throat, chest pain, fatigue, confusion, muscle pain, shortness of breath, diarrhea, abdominal pain.

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Greetings Members and Friends,

As a church that 'Loves to Show God's Love', we are always looking for new and innovative ways to grow and share what new ideas God bestowed upon us. Welcome to Tabernacle Baptist Church's newest venture, 'TBC Connect'! TBC Connect is a monthly newsletter that will highlight different areas in the world around us that need to be closely addressed, church information and news that is useful, facts on black history, schedules and upcoming events

There is something for everyone and we strive to meet the needs of all with the love of God. Our ministries are available to address requests within our community and beyond. We hope you find your time spent here a blessing. Our church is based on practical teaching that is Christ centered and provides a corporate outlet for truth-filled moving praise and worship. Our caring congregation gladly welcomes you. Feel free to browse through the various areas of our website and learn more about our fellowship.

In God's Care,  
Pastor Justin D. House

### SONG OF THE MONTH "JESUS WILL"

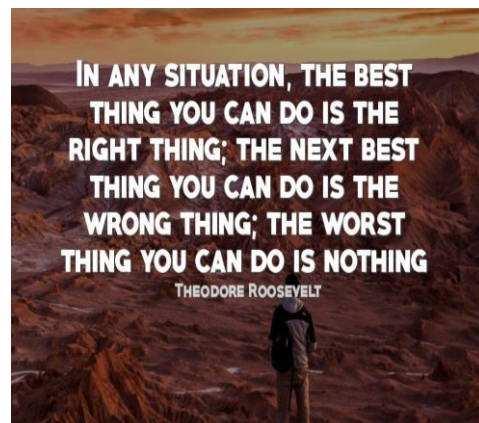


ANITA WILSON

Trust in the LORD with all your heart,  
And lean not on your own understanding;  
In all your ways acknowledge Him,  
And He shall direct your paths.

Proverbs 3:5-6

### INSPIRATIONAL QUOTE OF THE MONTH





## Selma's 'Bloody Sunday'

On March 7, 1965, in Selma, Alabama, a 600-person civil rights demonstration ends in violence when marchers are attacked and beaten by white state troopers and sheriff's deputies. The day's events became known as "Bloody Sunday."

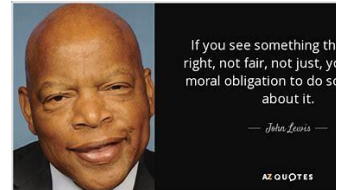
The demonstrators—led by civil rights activists John Lewis of the Student Nonviolent Coordinating Committee and Hosea Williams of the Southern Christian Leadership Conference—were commemorating the recent fatal shooting of Jimmie Lee Jackson, a 26-year-old church deacon, by state trooper James Bonard Fowler. The group planned to march the 54 miles from Selma to Montgomery, the state capital. Just as they crossed the Edmund Pettus Bridge outside Selma, they were ordered to disperse. Moments later, police assaulted them with tear gas, bullwhips and billy clubs. Lewis, then 25, was one of 17 marchers hospitalized; dozens more were treated for injuries.

The violence was broadcast on TV and recounted in newspapers, spurring demonstrations in 80 cities across the nation within days. On March 9, Martin Luther King, Jr. led more than 2,000 marchers to the Edmund Pettus Bridge. On March 15, President Lyndon B. Johnson spoke on the need for voting reform, something activists in Selma had long been fighting for: "There is no issue of states' rights or national rights. There is only the struggle for human rights. We have already waited 100 years and more, and the time for waiting is gone."

King completed the march to Montgomery, along with 25,000 demonstrators, on March 25, under the protection of the U.S. military and the FBI. The route is now a U.S. National Historic Trail. Prodded by what Johnson called "the outrage of Selma," the Voting Rights Act of 1965 was signed into law five months later, with the purpose to "right that wrong." Lewis became a U.S. congressman from Georgia in 1986.



## In Memorial



Rep. John Lewis

Feb 21, 1940 - Jul 17, 2020

**BLACK  
LIVES  
MATTER**

# 2020 TBC Student Recognition



**Deonte Bailey** will be attending Bailey Bridge Middle School this fall.



**Kenan Gooden** received a certificate of achievement for successful completion of 8th grade, all As and one B on report card, and Principal's List All "A" honor roll. Kenan will be moving up to the 9th grade at Manchester High school this fall.



**D'Andre "Deon" Kearney Jr.** finished his Junior year with a 4.3 average. He is now a Senior at Cosby High School and in the Virginia National Guard.



**Leeya Trotter's** greatest accomplishment for the year was participating in the music and praise dance ministry for TBC. Leeya completed the 2nd grade at Spring Run ES with A/B honor roll and was named best dancer in her class. She cheered for the Spring Run Huskies flag football team. This summer Leeya has earned her white and green tips for Taekwondo.

# Education

Greetings fellow TBC Members,

School is back in session! Although the first month of school is well underway, it looks nothing like anything we could have imagined. Covid-19 and the Black Lives Matter Movement have forced educators across the nation to re-think and reimagine education. Ultimately, our goal is to support our children in being successful and prepare them for life after school. As we navigate the virtual learning experience, here are a few tips that may help support your student and create a stronger partnership with their teachers:

- Make sure that your contact information is up to date in the school information system and that your child's teachers are aware of your preferred method of contact.
- Create a quiet space at home with snacks and other necessary materials to ensure that their virtual school day runs smoothly.
- Check in with your child daily to allow them to share how their day went and any stress they may be dealing with.
- Ensure that they log into all classes and that they are completing all of their assignments.
- For Chesterfield parents, make sure that your child's school has your re-entry choice accurately recorded as students begin to phase back into the building.
- Provide outlets for your child to balance their school workload such as spending time with family, crafts, or outdoor activities.

Have a blessed school year,  
Dr. Marcie Rice Terry, Principal



<b>Election date</b>	General election - Nov 3
<b>Registration deadline</b>	Oct 13
<b>Voting deadlines</b>	Application by mail - Oct 23 Submission by mail - Nov 3 Submission in person - Nov 3
<b>Early voting</b>	Begins - Sep 18 Ends - Oct 31



TBC Chesterfield



Tabernacle Baptist  
Church



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Church  
P.O. Box 255  
Chesterfield, VA 23832

# Announcements and Upcoming Events

Sundays at 10am EST

Online Live Worship with TBC on Facebook with Rev. Justin D. House  
Conference Call – Call (515) 603-3179 Access Code 689-859#

Mondays at 8pm EST

iBelieve Prayer Call with Rev. Justin D. House  
Conference Call – Call (515) 603-3179 Access Code 689-859#

Tuesdays at 10am EST

Study in the word with Rev. William D. House, III  
Conference Call – Call (515) 603-3179 Access Code 689-859#

Wednesday's mat 7pm EST

Study in the word with Rev. Justin D. House  
Conference Call – Call (515) 603-3179 Access Code 689-859#

Saturdays at 12noon EST

Let's Stay Connected Connect with TBC family  
Conference Call – Call (515) 603-3179 Access Code 689-859#



TO ALL MEMBERS BORN IN OCTOBER